ACTIVITY	DAY	TIME	START DATE	VENUE	CONVENOR	PHONE	EMAIL
Badminton	Tuesday	3.45 – 5.15	Starts 12th September	SH	Dave Turner	07767 121179	Mdturnerga14@tiscali.co.uk
Bridge – Social	Tuesday	10am – 12noon	Starts 12th September	SSB	Kathy O'Donnell	07905 381961	Kathpod98@gmail.com
Bridge – Duplicate	Wednesday	2.00 - 5.30	Starts 6th September	SSB	Mary Jameson	07709 851560	mjhillsea@icloud.com
Current Affairs	Monthly	As & When			Helen McKeown	07849 838050	
Choir	Monday	11am – 12.30	Starts October TBC	CGC	Mary O'Driscoll	07553 359596	ciaranandmary@hotmail.com
Cinema Visits	As & When				Kathy O'Donnell	07905 381961	Kathpod98@gmail.com
Chair Yoga – New	Friday	12.30 – 1.30	Free Taster Fri 15th September 6 week course to follow	SH	Convenor – TBC Tutor – Katrina Mullan	Phone – TBC	Email – TBC
Environmental Group	Last Monday of month	4.00 – 5.00pm	Starts 25th September	SSB	Glenise Morgan	07712 737 584	glenise.morgan@gmail.com
Flower Arranging	Thursday – 5/10, 19/10, 2/11, 16/11	2.00 – 4.00pm		PMH	Convenor – Joy Plumb	07753 221 132	joyplumb76@gmail.com
French Conversation	Self Help Group	All Details TBC					
Golf – Social 9 Holes Local Courses	As & When – Monthly	AM	1st Outing – Thurs 28th September	Ballycastle Golf Club	Patrick O'Donnell	07941 479225	pjbodonnell@gmail.com
Irish – Beginners	Friday	10.00 – 11.00am	Starts 15th September	Zoom	Convenor – Teresa Bain Tutor – Michael Sands	07857 650881	Teresa.bain@btinternet.com
lrish – Improvers/Advanced	Friday	11.00 – 12.00noon	Starts 15th September	Zoom	Convenor – Moira McMullan Tutor – Michael Sands	028 2177 1475	moiramcmullan@hotmail.com
Ladies Who Lunch	Monthly	As & When			Andrea McCormick	07811 123616	andrea.mccormick2@gmail.com
Monthly Meeting – includes Visiting Speaker	2nd Wednesday of month	10.30 – 12.30pm	1st Meeting – 13th September	SH	Patrick O'Donnell	07941 479225	pjbodonnell@gmail.com
Palaver (Drama etc)	1st Tuesday of month	2.00 – 3.30pm	Starts 5th September	PMH	Julie Kinsella	07877 267180	kinsella1@hotmail.com
Pickle Ball – New	Thursday	4.30 – 5.30pm	Free Taster 21st September 6 week course to follow 28.09.23	SH	Lori Boyle	07984 350161	lorboy@comcast.net
Puzzle Hour – New	Monday	2.30 – 3.30pm	Free Taster 2nd October Further sessions to follow	SSB	Mark Gavin	07748 148841	mark@areema.co.uk
Spanish Conversation	Tuesday	10.30 - 11.30	Feb / March 2024 TBC	Venue – TBC	Joanna Gavin	07709 308684	joanna@areema.co.uk
Table Tennis - Free Coaching for Autumn Term	Friday	2.30 – 3.30pm	Start 15th September	SSB	Eileen Brogan	07514 226381	eabrogan@hotmail.co.uk
Tai Chi	Thursday	11.00 – 12noon	Starts 7th September	SH	Convenor – Maureen Turner Tutor – Philip Johnson	07767 121179	mdturnerga14@tiscali.co.uk
Theatre Visits	As & When				Helen McKeown	07849 838050	helen.mckeown2@btinternet.com
Walking Group	Last Wednesday of month	10am	Start date 27th September	Venue – TBC	Stephen Devine		stephen.devine90@googlemail.com

KEY:

SH Sheskburn HallPMH Presbyterian Minor HallTBC To be confirmed

7, Mary Street, Ballycastle BT54 6QH 1, Castle Street, Ballycastle BT54 6AS SSB Sheskburn Snack Bar CGC Cushendall Golf Club 7, Mary Street, Ballycastle BT54 60H 21, Shore Street, Cushendall BT44 0NG

U3A Activities Co-Ordinator 2023 / 24 - Patrick O'Donnell, 07941 479225 pjbodonnell@gmail.com